

Acute Delirium: Can You Spot It?

Course Description

Delirium affects an estimated 14% to 50% of all hospitalized elderly patients. At least 20% of the 12.5 million patients over age 65 hospitalized each year experience complications because of delirium. It is essential that healthcare professionals recognize who is at risk, practice early identification and implement current management strategies for the patient with delirium. This one-day program is designed to provide this education.

Key Learning Outcome

• After completing the program, 80% of participants will report an increase in knowledge that will positively impact their practice.

Program Objectives

This program prepares the learner to:

- Identify the major differences between various dementias and delirium.
- Identify high-risk hospitalized patients.
- Develop a unit-based strategy for the prevention of delirium.

Agenda

Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 4:15 pm

Alzheimer's Type Dementia vs. Other Types

Alzheimer's | Lewy Body | Frontal Lobe

Acute Delirium

Risk Factors | Common Assessment Tools

Pharmacologic Management of Acute Delirium

Benzodiazepines | Antipsychotics | Cholinesterase Inhibitors

National Recommendations for Delirium Management

HELP Guidelines | NICHE Guidelines | AGS Guidelines

Fall Prevention Interventions

Risk Identification | Safety Interventions

Putting It All Together With Case Studies

Alzheimer's Type Dementia Admitted for UTI | Post-Surgical Delirium | Sepsis From Decubitus Ulcer | Multi-Infarct Dementia Admitted for Colon Resection

Accreditation

RN/LPN/LVN/Other: 6.75 Contact Hours Includes 1.25 Pharmacology Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-1286, lowa/296, California #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



© 2026 MED-ED, Inc. All rights reserved.